



Newsletter



FOX VALLEY SECTION

October 2013

General Meeting

The next general meeting will be held on

Tuesday, October 01, 2013 at:

St. Andrews Golf Club

2241 ROUTE 59
WEST CHICAGO, IL 60185
630.231.3131

Please visit our website:

<http://www.asq-foxvalley.org> for a map and directions to this meeting.

Program:

- 5:30 - 6:00 Networking
- 6:00 - 6:30 Pre-Dinner Presentation
- 6:30 - 7:30 Dinner
- 7:45 - 8:30 After Dinner Presentation

Burnout “Empowerment in the Workplace; Rejuvenating the Burnt-out Professional”

By Mary Erlain

Menu: Buffet Style Dinner

- Rolls & Butter
- Spinach Tortellini Soup
- Garden Salad (with a choice of Ranch and Italian dressings)
- Entree: Chicken Dijon, with Dijon Cream Sauce, and Fresh Mashed Potatoes
- Vegetable: Broccolini
- Dessert: Vanilla Ice Cream
- Beverages (included in the meal): Coffee, Tea, Iced Tea, Milk

** Vegetarian Meal Option (If requested in the dinner reservation): Pasta Primavera

** Cash Bar: JJ's Lounge (Public Bar Area - located right outside the room)

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Program Details

Pre-Dinner:

Defining and Identifying Symptoms And Signals of Burnout

Burnout is defined as the gradual process by which a person, in response to prolonged stress and physical, mental and emotional strain, detaches from work and other meaningful relationships. The result is lowered productivity, cynicism, confusion...a feeling of being drained, having nothing more to give.

This workshop will help you understand the stages and symptoms of burnout.

After-Dinner:

How to Overcome Burnout

No matter where you are in the burnout process, the empowerment principles and goal setting techniques that will be shared will help you transition to a more positive direction. We will identify specific areas that are in need of attention and give you concrete ways to improve.

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Message from the Chair

Members & Colleagues,

I would like to start by mentioning we really had a great start for our Fall Member Program at our September Member meeting. Marsha Castner from Cadence Health provided discussions about compliance in healthcare and reviewed several process improvement projects—for those in manufacturing these were “eye-opening” discussions to say the least.

There are many who contribute to making these monthly meeting events successful: Coline Amaury handles our Arrangements, Mary Malinowski handles our Program, Beth Propst handles our Newsletter, Dan Menis handles our reservation lists and CEU cards, Randy Dister handles the meeting registration, Hector Rodriguez handles coordination and supports chairing meetings, and, of course, I try to help, too. Plus we have others on our Section Board, the Senior Leadership Committee (SLC), who also help and contribute as needed. Thanks to all.

Now, I would like to touch on an issue you might be able to help us improve. I discovered recently as I reviewed our Membership lists that we have over 100 members in our Section who have an empty Blank Space for their email. This happens because of the way our members complete their ASQ Membership applications and set up their membership profiles and then also as part of the membership renewal process which includes updating these membership profiles. Members who may not want emails from ASQ, indicate this by checking off a box. Then when the Sections that members join receive the contact names and contact information from ASQ, the email field is blank. So, the Section has no way to communicate with these members unless we send regular mail via USPS or use the telephone.

This seems to be happening more frequently. This is probably correct for some of our members, but we know it is not right for others. We have been getting requests for adding members back to our Section Newsletter email mailing lists. Our official response is to “Please correct your records with ASQ”. Then in the meantime, with extra effort, we try to get our Section Newsletter to these members via a separate, special email address list.

Another alternative for these members is to access our website periodically, particularly during the week before our member meetings, to see the meeting announcement and register for our next member meeting event. We do have a small core now who are doing this.

You can help by being aware of this issue and helping to make sure it does not inadvertently happen to you. Plus, if you happen to know of other members having this issue—you can help them by letting them know to contact ASQ to update their membership profiles and use our website in the interim.

Now, moving on, I know we have information on Education and other topics in this Newsletter. Please review and let us know if you need anything that we can help you with.

I am looking forward to our October meeting program with Mary Erlain. See you October 1st at St. Andrews Golf & Country Club, West Chicago,

Bob Kutter
Chair
(630) 881-6439
(630) 881-6439

ASQ Certification Programs

NEW!!! ASQ Fox Valley Section 1208 Healthcare Segment

The ASQ Fox Valley Section 1208 has established a committee to serve the healthcare community in the Chicago area. The healthcare committee will develop and deliver training programs specifically designed for healthcare professionals. The healthcare committee will be led by Chuck Gates, ASQ Fox Valley Section Education Director and Leader for the ASQ Healthcare Division's Certification Task Group.

Below is a partial list of the specific healthcare programs that will be available in the near future:

- Root Cause Analysis and Improvement in the Healthcare Sector (currently available)
- Lean for Healthcare
- Six Sigma for Healthcare
- Certified Professional in Healthcare Quality (CPHQ) Exam Review Course

If you would like to join the healthcare committee, please contact Chuck Gates at education@asq-foxvalley.org

Project Management Professional (PMP) Exam Review Course

Location: Waubensee Community College Sugar Grove Campus

Dates: Fridays, September 27, October 4, 11, 18, 25, and November 1, 2013

Time: 9:00 a.m. to 3:00 p.m. (36 classroom hours)

Course Fee: \$459

Study Materials: Can be purchased from the Project Management Institute at www.pmi.org

Contact Elizabeth Hurley at ehurley@waubensee.edu to register for the course.

Six Sigma Black Belt Certificate Course

Location: DePaul University Virtual Classroom Web Course

Dates: Mondays, October 14, 2013 to January 27, 2014

No Class on December 23, 2013, December 30, 2013, or January 6, 2014.

Time: 6:00 p.m. to 8:45 p.m. CDT

Course Code: MDC 258-00

Contact emcdonag@depaul.edu for information and registration.

On-site Programs Available at a Discount Rate

Contact Chuck Gates at education@asq-foxvalley.org for a proposal.

Military Veterans and Active Military Receive a 50% Course Fee Discount

The discount applies to any course or workshop that is conducted by the ASQ Fox Valley Section 1208. Contact Chuck Gates at education@asq-foxvalley.org for details.

- Six Sigma for Healthcare
- Certified Professional in Healthcare Quality (CPHQ) Exam Review Course

If you would like to join the healthcare committee, please contact Chuck Gates at education@asq-foxvalley.org

See page 5 for a listing of 2014 Spring Term Classes at Waubensee Community College.

Program Details from page 1

This is a workplace focused workshop but can also help you identify other areas of your life that may be contributing to that sense of disconnect from what is meaningful in your world.

Mary Erlain (Speaker)

Connecting the dots and removing barriers!"™ truly conveys Mary Erlain's mission and vision in her life's work. With this mission in mind, Erlain founded Peak Development Strategies in 2007. Mary offers business professionals the services to help them thrive in their business roles. She emphasizes the need to set personal as well as professional goals. She has a mission to strengthen an organization's core foundation to be competitive in the marketplace. She also has a support system of resources and knowledge of marketplace trends within various industries.

As an author, Erlain has published two books titled, "10 Answer Keys, Building Powerful Business Strategic Alliances," and "10 Answer Keys, Effective Business Networking." Her third book is will be available in late 2013, "10 Answer Keys, Communicating with the 5 Generations in the Workplace." This book will be a training and development book for companies moving them from a place of struggle and conflict amongst their employees to empowerment, achievement, and excellence. Her fourth publication is in development and will be a companion workbook for the "10 Answer Keys, Communicating with the 5 Generations in the Workplace.

Job Submissions

Quality based jobs submitted to Fox Valley ASQ Section 1208 will be placed into the Fox Valley ASQ Section 1208 LinkedIn Group site. Membership in this LinkedIn Group is open to all Fox Valley ASQ Section 1208 Members. Join us to start discussions, ask Quality questions and post/view Quality based jobs submitted to us.

http://www.linkedin.com/groups?gid=3888168&trk=my_groups-b-grp-v

Nominations are Open

Fox Valley ASQ Section 1208 is now opening nominations for the Officer positions of Section Chair, Section Vice-Chair, Treasurer and Secretary for the new 2014 Fiscal year that starts January 1, 2014. There are also positions open in several committees to serve the Section 1208 membership and improve operations, communications, career advancement and education opportunities.

Send your nominations to David McDonald at Nominations@asq-foxvalley.org

Course Schedule for 2014 Spring Term at Waubonsee Community College

Course	Dates	Time
Project Management Fundamentals Workshop	Jan31	9:00 am to 3:00 pm
Lean Bronze Certification (LBC) Exam Review	Feb3, Feb10, Feb17, Feb24	6:00 pm to 9:00 pm
Certified Quality Auditor (CQA) Exam Review	Feb5, Feb12, Feb19, Feb26, Mar5, Mar12	6:00 pm to 9:00 pm
Certified Associate in Project Management (CAPM) Exam Review	Feb7, Feb14, Feb21, Feb28	9:00 am to 3:00 pm
Project Management Professional (PMP) Exam Review	Mar7, Mar14, Mar21, Mar28, Apr4, Apr11	9:00 am to 3:00 pm
Certified Quality Engineer (CQE) Exam Review	Mar19, Mar26, Apr2, Apr9, Apr16, Apr23	6:00 pm to 9:00 pm
Certified Six Sigma Green Belt (CSSGB) Exam Review	Apr3, Apr10, Apr17, May1, May 8, May15	6:00 pm to 9:00 pm

Contact Chuck Gates at education@asq-foxvalley.org for details.

2013 Meeting Dates and Locations

Meeting Date	Location	City, State
Tue, Sept 3rd, 2013	John & Tony's Italian Steakhouse	West Chicago, IL
Tue, Oct 1st, 2013	St. Andrews Golf Club	West Chicago, IL
Tue, Nov 5th, 2013 (Election Day)	Courtyard Banquets/TBD	Warrenville, IL
Tue, Dec 3rd, 2013	Riverside Receptions	Geneva, IL